SCOPE OF CLAIMS

1. A sun visor for an automobile, having a shading plate-like core for use in a passenger cabin of the automobile and a support shaft by which said plate-like core is supported in the passenger cabin, said plate-like core having a plurality of micropores each having a diameter ranging from 1 to 5 mm, wherein an open area ratio representing a ratio of a total area of said micropores to a projected area of said plate-like core ranges from 2 % to 30 %.

5

5

5

- 2. The sun visor for an automobile according to claim 1, wherein said plate-like core comprises a superposed assembly of a face side plate and a reverse side plate which have substantially equal contours, said micropores being defined in at least one of said face side plate and said reverse side plate.
- 3. The sun visor for an automobile according to claim 1, wherein said plate-like core comprises a superposed assembly of a face side plate and a reverse side plate which have substantially equal contours, said micropores being defined in both said face side plate and said reverse side plate, and wherein the micropores defined in said face side plate and said reverse side plate are disposed out of alignment with each other as viewed in a direction perpendicular to a surface of said plate-like core.
 - 4. The sun visor for an automobile according to claim 2 or 3, wherein

said face side plate and said reverse side plate have a hollow space defined therebetween when said face side plate and said reverse side plate are superposed on each other.

- 5
- 5. The sun visor for an automobile according to claim 4, wherein said hollow space defined in said plate-like core is filled with a porous sound absorbent.
- 6. The sun visor for an automobile according to claim 5, wherein said sound absorbent comprises felt.
- 7. The sun visor for an automobile according to any one of claims 1 through 6, wherein said plate-like core has an outer surface covered with a covering member having a high air permeability of at least 6 cc/cm²/second.
- 8. A sun visor for an automobile, having a shading plate-like core or a shading skeletonic core for use in a passenger cabin of the automobile, said plate-like core or said skeletonic core having an outer surface covered with a covering member having a high air permeability of at least 6 cc/cm²/second.